



Chinese Medicine

SERVICE OFFERINGS



ACUPUNCTURE

\$225 | 50 MIN

A painless process in which we strategically place thin needles on specific points on the body, stimulating energy flow or qi ("chee"), restoring balance in the body, and promoting healing. Used to treat pain, reduce inflammation, boost immunity and promote physical and emotional well-being.

24K GOLD EAR SEEDS

\$45 | 10 MIN

Our tiny and chic 24k gold plated magnets are gently placed along pressure points on the outer ear, all corresponding with different parts of the body. Gently pressing on these points stimulates different parts of the brain, triggering relief from a multitude of ailments such as anxiety, insomnia, stress, headaches and acute pain.



AURICULAR ACUPUNCTURE

\$75 | 60 MIN

Specifically targeted to stimulate the pressure points of the ear that correspond with specific parts of the body, this painless placement of tiny needles on the outer ear is great for circulating qi and creating a powerful healing response from the brain. Supercharge your session with our 24K Gold Ear Seeds after your treatment.

MOXIBUSTION

\$99 | 20 MIN

Moxibustion is a form of heat therapy, involving burning dried mugwort aka "moxa" near specific acupuncture points or areas of the body. As the moxa burns it produces a warming sensation that penetrates the skin which stimulates circulation and lymphatic flow, boosts immunity, and relieves pain.

HERBAL FORMULATION

\$150 | 30 MIN

To enhance your healing; we prescribe a customized blend of natural herbs and minerals based on your specific health needs and symptoms. These formulations are prepared according to traditional Chinese medical principles and designed to help balance qi (chee) and restore overall health and well being.



NUTRITIONAL CONSULTATION

\$150 | 30 MIN

One hour intensive, diet and food consultation in which we utilize an Eastern philosophy and approach with the purpose of formulating an individualized nutrition plan fitting to your specific goals and tailored to your health needs.

FUNCTIONAL MEDICINE

\$199 | 30 MIN

Comprehensive assessment using Traditional Chinese Medicine + functional medicine. Includes consultation, history review, symptom assessment, exam, and diagnostics to develop a custom treatment plan with acupuncture, herbal medicine, diet/lifestyle recommendations, and integrative therapies for root cause resolution and well-being.

Don't forget about your add-ins!

Facial Rejuvenation

SERVICE OFFERINGS



COSMETIC ACUPUNCTURE

\$325 | 60 MIN

A painless facial treatment that minimizes fine lines, increases skin elasticity, and rebuilds collagen. We place hair-thin, acupuncture needles on the face, sending a regenerating response to those areas, in return, stimulating collagen production, improving elasticity and providing snit-aging results. A all-natural way to boost your skin's glow.



NANO NEEDLING

\$300 | 50 MIN

A non-invasive cosmetic acupuncture treatment utilized to treat a variety of skin concerns such as fine line, wrinkles, as well as skin tone and texture. During this painless process, our practitioners use a gentle oscillating pen with microscopic silicone tips to separate the cells within the epidermis and allow active products to be pushed into the skin, with up to 97% product absorption. Benefits include increased cell turnover, skin rejuvenation, and an immediate glow with no downtime. This treatment can be done weekly to exfoliate and hydrate the skin.



EXOSOMES - COMING SOON

\$799 | 50 MIN

Exosomes Therapy is a non-invasive cosmetic procedure that involves the application of topical exosomes or small extracellular vesicles (in serum form) which are used to initiate the renewal process, regenerate cells at a faster rate, stimulate cell growth, and collagen production, as a result the skin becomes plumper, firmer, brighter and smoother. These tiny particles are continually active over a period of 6-8 months providing results that last longer than Botox, which makes it a popular option for those seeking a natural and long-lasting skincare solution. This treatment is a perfect addition to your current micro needling or cosmetic acupuncture sessions.

Don't forget about your add-ins!

Body Work

SERVICE OFFERINGS



MASSAGE

\$150 | 50 MIN \$225 | 80 MIN

A tailored experience intended to bring you relief, relaxation and back into balance. We proudly offer a range of modalities such as Lymphatic, deep tissue, Swedish, prenatal, myofascial, and sports to ensure each specific person's needs are met. Sessions can be supercharged with an array of add-ons such as gua sha, cupping, aromatherapy, hot stones, red light therapy, abdominal and craniosacral treatments.

CUPPING

\$99 | 20 MIN

Focused on relieving muscle tension and supporting overall healing, cupping utilizes suction therapy to reinvigorate adrenal activity and to improve blood flow. The suction from cupping pulls tissue upwards, creating space and releasing deep tension, acting like a reverse massage. We specialize in different techniques ranging from air cupping, fire cupping, to facial cupping; all wonderful for reducing inflammation.



GUA SHA

\$99 | 20 MIN

A natural technique that involves strategically scraping the skin with a smooth massage tool in order to improve circulation, reduce inflammation, and boost immunity. Facial gua sha is known for its anti-aging benefits as well as being useful in relieving migraines and tension.

TUI NA + CUPPING

\$250 | 50 MIN

A form of hyper-locally targeted Chinese massage which involves kneading, pressing, rolling, and shaking to manipulate muscles, tendons, and acupressure points of the body. Used to treat musculoskeletal pain, digestive issues, anxiety, stress, repertory issues, and nerve pain.

Energy Work

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REIKI

\$199 | 60 MIN

Based on the concept that every living being has a life energy force and disruptions in this energy can lead to physical, emotional, or mental health problems. Our practitioners channel healing energy through their hands and use gentle touch or non-touch techniques to promote overall balance, relaxation and to restore energy flow.

ASTRO REIKI

\$299 | 90 MIN

Experience energetic alignment at its most cosmic and personal level, with a combined astrology chart reading and reiki healing session developed by our in-house astrologer Tylynn.

AKASHIC READING

\$199 | 60 MIN

The Akashic Records are a metaphysical library where everything your soul has ever experienced can be found. In this healing session, Your practitioner will access your records to receive specific guidance for you.

Don't forget about your add-ins!



A La Carte

Packages + Add-ins

PERFORMED DURING THE TREATMENT SESSION

ADD-INS

Acupuncture

ONLY APPLICABLE TO ACU TREATMENTS

Moxibustion	\$40
Auricular Acupuncture	\$30
E-stim	\$30
Vibration Therapy	\$30
Herbal Formulation	\$25
Cosmetic Acupuncture	\$99
Tui Na (20 Add'l Min)	\$99

Massage Therapy

ONLY APPLICABLE TO MASSAGE TREATMENTS

Hot Stones	\$25
CBD Therapy	\$20
Abdominal Massage (10 Add'l. Min)	\$30
30 Min Massage (Add'l Min)	\$75

Facial Rejuvenation

ONLY APPLICABLE TO FACIAL REJUV TREATMENTS

Nano Needling	
• Under Eye	\$100
• Lip	\$75
• Under Eye + Lip	\$150
Collagen Threading	\$75

PACKAGES

Acupuncture

ONLY APPLICABLE TO ACU TREATMENTS

5 Treatment Pack	\$995
10 Treatment Pack	\$2995

Massage Therapy

ONLY APPLICABLE TO MASSAGE TREATMENTS

5 Treatment Pack (50 Min)	\$550
5 Treatment Pack (80 Min)	\$999
10 Treatment Pack (50 Min)	\$999
10 Treatment Pack (80 Min)	\$1999

Facial Rejuvenation

ONLY APPLICABLE TO FACIAL REJUV TREATMENTS

Cosmetic Acupuncture	12 SESSIONS \$3500
Nano Needling	6 SESSIONS \$1500
Micro Needling	6 SESSIONS \$2500
Exosomes	6 SESSIONS \$4,500

Others

ADD TO ANY TREATMENT

24K Gold Ear Seeds	\$25	Gua Sha	\$50
Led Light Therapy	\$20	Dry Brushing	\$30
Air/Fire Cupping	\$50	Scalp Massage	\$20
Reiki	\$75	Essential Oil Therapy	\$5
		Herbal Pain Patch x2	\$15